



Standard Operating Procedures



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Name of Policy:	Isolation Protocol – Entering and Exiting an Isolation Area	Departments:	ALL
Category & No.:	ECC 14.2	Effective by:	May 23, 2024
Version No.:	1.2	Revision History:	Original August 2023

Procedure:

1. Before entering the isolation area, remove practice outerwear (e.g., laboratory coat) and any equipment (e.g., stethoscope, scissors, thermometer, watch, cell phone) and leave outside the isolation unit/anteroom.
 - a. Exception: If a patient is going to radiology for radiographs, a lead gown and throat guard should be worn UNDER any PPE so that it is not contaminated.
2. Gather any necessary supplies and medications before putting on PPE.
3. Prior to handling the patient or entering isolation, put on PPE. Wash hands or use alcohol hand rub, and then put on booties, gown, and gloves before entering the isolation room.
 - a. Perform hand hygiene- wash hands or use alcohol hand sanitizer.
 - b. Put on the first (inner) pair of gloves.
 - c. Put on shoe covers.
 - d. Put on gown/bunny suit.
 - e. Put on the second (outer) pair of gloves (the first pair of gloves should be under the cuff of the gown/bunny suit and second pair of gloves should be on top of the cuff)
4. Attend to the patient in isolation as needed. DO NOT bring treatment sheets, pens, or electronic devices such as laptops, cell phones, or tablets into the isolation room. Anything that enters the isolation unit must remain inside.
 - a. If samples need to be submitted from an isolation patient, the samples should be handed off to a clean person and placed directly into a clean bag. The bag should be labeled “wear gloves when handling” so that the lab personnel is aware.
5. Clean and disinfect any equipment used while caring for the patient.
6. Before leaving the isolation room, remove PPE.
 - a. First, remove your outer gloves along with your gown/bunny suit. Break the ties at the neck by pulling on the upper front portion of the gown with the hands still gloved, balling, or rolling in the contaminated surfaces, and pulling the gloves off inside-out as the hands are withdrawn from the gown’s sleeves.
 - b. Remove shoe covers with your inner (clean) gloves and once shoe cover is removed, step outside of the isolation. Ensure that once the shoe cover is removed that you step outside of the isolation room.
 - c. Once both shoe covers are removed and you are standing outside the isolation unit, remove the inner pair of gloves.
 - d. Place used disposable PPE in the trash container lined with a biohazard bag in the isolation room. There shouldn't be any contaminated PPE leaving the isolation unit. DO NOT SAVE DISPOSABLE PPE FOR REUSE. Avoid contact with external portions of the door when exiting the isolation room.

7. Wash hands with soap and water, and then disinfect any surfaces (e.g., doorknobs) that may have accidentally been contaminated when the room was exited. Make any needed chart entries. Wash hands again before leaving the anteroom (as applicable). PPE, personal protective equipment.

References: Adapted from the 2018 AAHA Infection Control, Prevention, and Biosecurity Guidelines. 2018;
https://www.aaha.org/public_documents/guidelines/icpb_guidelines.pdf

August 2023, Bathilda Lake